

A close-up, high-quality photograph of a woman's face, focusing on her eyes, nose, and lips. She has light blonde hair and green eyes. The lighting is soft and even, highlighting her skin texture.

Treatment Guide

Jill Rutherford
Advanced Skin Therapies



Treatment Brands

dermalogica[®]

BOTOX[®]

Azzalure[®]

BOCOUTURE[®]

▷|TEOXANE

PROFHILO[®]

CACI

suneKOS

Plinest

JALUPRO[®]

XELA REDERM

Gift Vouchers Are Available

INTRODUCTION



WELCOME

Jill is an Advanced Aesthetic Practitioner specialising in anti-wrinkle injections (Botox) and dermal filler procedures.

Jill believes in bringing the best out in what you have, enhancing your natural beauty with a "less is more" approach.

As an Electrolysis Specialist, Jill is also qualified and trained to treat a range of up to 30 vascular and fibrous skin blemishes including moles, red veins, skin tags, warts, and verrucas. The technique used is safe, effective and minimises the risk of scarring. Jill is a member of MASCED® (Melanoma and Skin Cancer Early Detection), a national accreditation programme for health industry professionals.

Jill is a member of the British Institute & Association of Electrolysis and specialises in transgender hair removal. Having worked with many transgender clients, she will help you on your life journey and create a bespoke solution for you.

Established since 2004, Jill prides herself in high quality advanced skin treatments using the best products and technologies available.

A Dermalogica skin expert, Jill is educated and trained at the International Dermal Institute and is recognised as one of the highest trained skin care professionals in the country who will help give you healthy radiant skin, achieving amazing results.

All treatments are carried out in a friendly and relaxing professional environment.

Thank you for choosing

Jill Rutherford
Advanced Skin Therapies 

BLEMISH REMOVAL



Age Spots / Pigmentation Marks
Bloodspots / Campbell de Morgans
Skin Tags or Papillomas
Mole Reduction
Hairs in Moles
Common Warts
Seborrhoeic Keratosis
Molluscum Contagiosum
Sabaceous Naevi
Dermatosis Papulosa Nigra
Spider Naevus
Syringoma
Thread Veins
Xanthelasma
Plane Warts
Sebaceous
Verrucas
Cysts

Blemish removal using Advanced Electrolysis is becoming increasingly popular. A wide range of skin blemishes can be quickly and easily treated with immediate and effective results offering an eventual blemish free smooth skin. The demand for these procedures have always been high but unfortunately GP's are reluctant to do anything about benign lesions due to lack of time and restricted NHS funding.

The techniques used are not new. As far back as the early 1900's electrolysis has been used for the treatment of skin blemishes. It has obviously progressed and improved beyond recognition with modern technology, and is the least invasive, safe and effective method of treatment for such a wide variety of blemishes. Results are often instantaneous, pleasing and life enhancing.

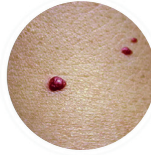
If you have ever felt embarrassed by what you feel are unsightly blemishes on your face or body then please make an appointment for a private consultation. Jill will discuss your concerns, explain the process used, the likely effects of treatment and your home care requirements.

Initial 15 minute consultation £30.00 - Treatment price starting from £50.00

BLEMISH REMOVAL



Age Spots



Blood Spots



Skin Tags



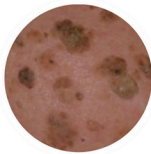
Mole Reduction



Hairs in Moles



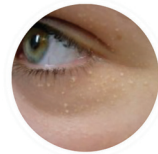
Common Warts



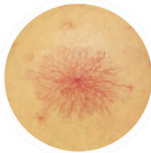
Seborrheic
Keratoses



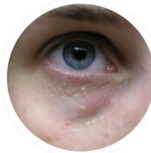
Dermatosis
Papulosa Nigra



Milia



Spider Naevi



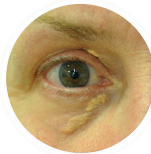
Syringoma



Thread Veins



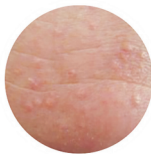
Verruca



Xanthelasma



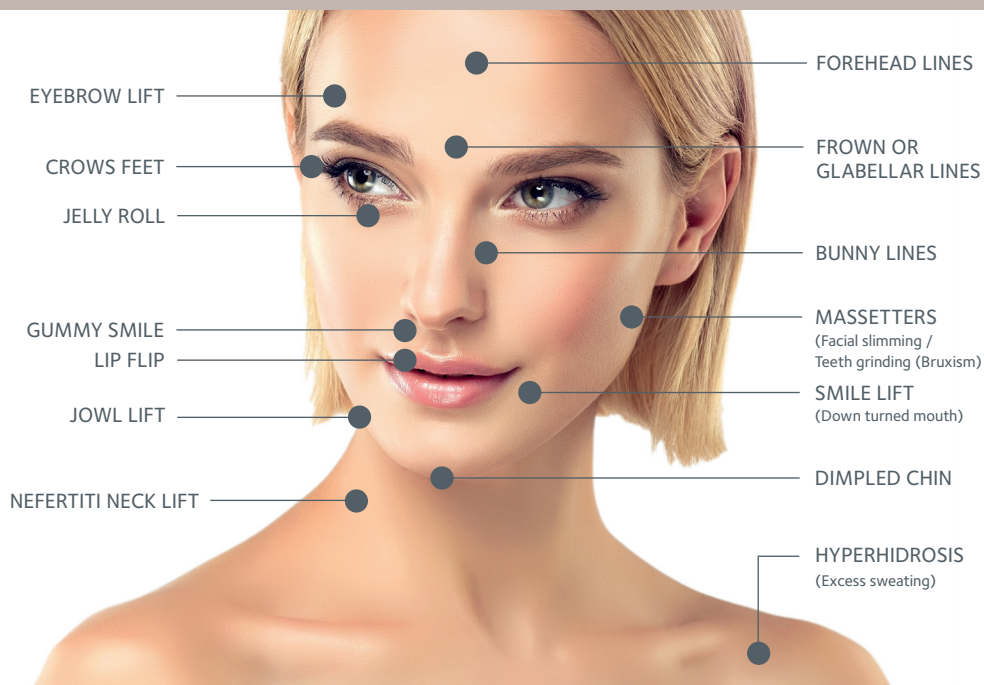
Plane Wart



Sebaceous
Hyperplasia

Please refer to website
www.advancedskintherapies.co.uk
for procedure information

ANTI-WRINKLE INJECTIONS (BOTOX)



Botulinum Toxin type A (Botox), commonly known as anti-wrinkle injections, is a type of wrinkle reduction treatment that has revolutionised our approach to facial ageing. Through the dynamic movement of facial muscles, unwanted lines and wrinkles begin to appear on the face and neck, which can make us feel conscious about our appearance.

This anti-ageing treatment works by injecting tiny amounts of Botox into specific muscles, causing the muscles to relax. Botox was one of the first anti-ageing treatments and it is still the most requested aesthetic treatment due to its effectiveness at keeping lines and wrinkles at bay, resulting in an all round complexion refreshment. Not only does Botox help reduce the appearance of wrinkles, if started early enough, it can also help prevent wrinkles from forming.

Botox is also approved to treat hyperhidrosis. This particular medical condition causes excessive and unpredictable sweating. Hyperhidrosis can lead to many inconveniences in day to day life.

The procedure itself is simple and relatively pain free, with results taking up to two weeks to be effective and typically lasting around 3-4 months for muscle relaxing and 6-12 months when used to treat hyperhidrosis.

At Advanced Skin Therapies, Jill uses the three leading licensed brands of Botulinum Toxin type A: Allergan Botox, Galderma Azzalure and Merz Bocouture. The brand best suited to you will be discussed at your consultation.

Please visit www.advancedskintherapies.co.uk for full procedure & price information.

Treatment prices start from £160.00

PROFILO® & PROFHILO® STRUCTURA



What is Profhilo® and Profhilo® Structura?

Profhilo and Profhilo Structura are both advanced injectable treatments designed to revitalise and rejuvenate the skin improving overall skin quality. Using cutting-edge NAHYCO® technology, Profhilo and Profhilo Structura represent a breakthrough in 'beneath the skin' treatments. If your skin concerns are lack of volume and elasticity, wrinkles, sagging skin, premature aging or dehydration and you are looking for a non-surgical anti-ageing treatment that's safe, effective and long-lasting then Profhilo or Profhilo Structura could be an ideal treatment for you.

Profhilo® is a versatile treatment designed to focus on deep hydration and rejuvenation, enhancing skin elasticity and firmness by stimulating collagen and elastin production. Ideal for addressing early signs of ageing such as fine lines, dullness and skin laxity. It works to restore elasticity and firmness while enhancing radiance. Profhilo is suitable for various areas, including the face, neck, décolletage, and hands, administered through a series of small injections with minimal discomfort.

Profhilo® Structura, often considered as Profhilo's "big sister," offers a more targeted solution for those with advanced skin concerns, such as moderate to severe volume loss and sagging. With a higher concentration of hyaluronic acid and an increased 'G prime' (a measure of its lifting capability), Profhilo Structura provides structural support and a subtle lifting effect, particularly for the mid-face. A cannula method is used with minimal discomfort.

How does Profhilo and Profhilo Structura work?

Profhilo® and Profhilo® Structura are both ultra-pure hyaluronic acid which stimulates collagen and elastin, attracting water in the deeper layers of the skin. The stimulation results in significant fibroblast improvement, which is crucial for tissue repair and regeneration. Whether you need an all-round skin quality boost or a more intensive, lifting-focused treatment, Profhilo and Profhilo Structura offer effective, natural-looking solutions tailored to your individual needs.

How many treatments will I need?

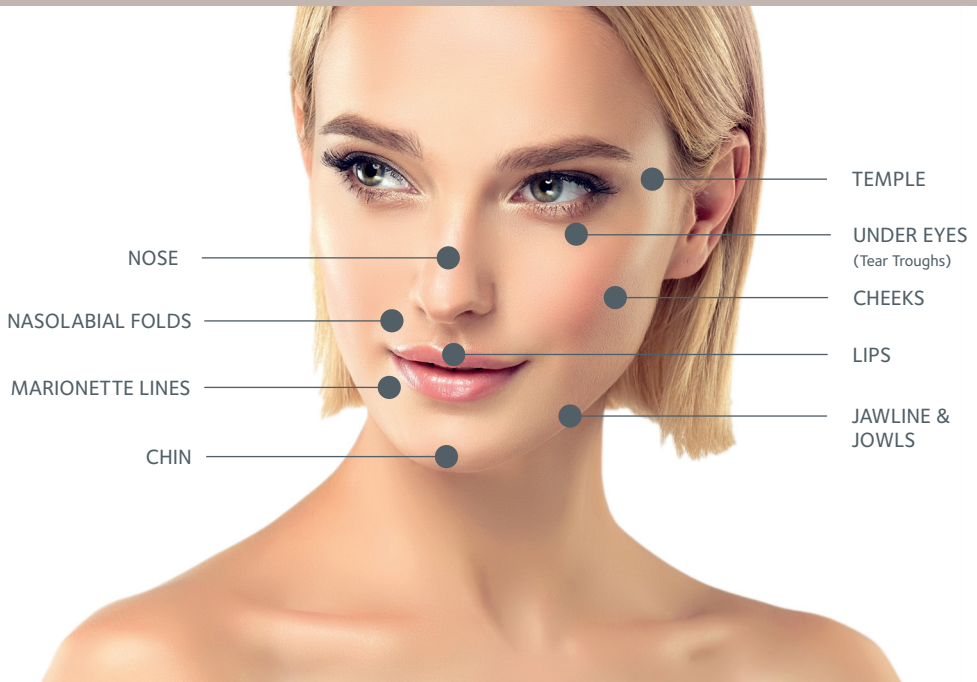
Depending on your skin type, skin quality and age it will be discussed at consultation whether Profhilo or Profhilo Structura will be the best treatment for you.

It is recommended to have at least two sessions (one month apart) to achieve optimum results. However, if the skin problems are severe, a third session may be advised. To maintain the results we recommend a top-up treatment session around every 6 months.



Treatment price – Profhilo® £200.00, Profhilo® Structura £230.00

DERMAL FILLERS



Dermal fillers provide a non-surgical option to improve the structure of the face. They are used to reshape, contour, volumise, fill and revitalise, visibly reducing wrinkles and fine lines, resulting in a more youthful appearance.

As we age, our faces naturally lose fat and skin loses some of its elasticity. This can make the signs of ageing, such as facial lines and sagging skin more apparent. If you add in aggravating factors such as genetics, smoking and sun exposure, the ageing process can be accelerated.

Dermal fillers contain hyaluronic acid, which is injected in small amounts into any problem area, giving the skin a lift, adding plumpness, definition and achieving a more youthful refreshed look.

Dermal fillers are safe to use and the effects can be long-lasting, but are not permanent. All dermal filler products used at Advanced Skin Therapies are of the highest grade and CE approved, all of which are made of hyaluronic acid – a perfectly safe water binding molecule that is naturally present in the body, that can be dissolved if necessary.

A full consultation will enable a suitable treatment plan for you. Whether dermal fillers are to provide you with an effective anti-ageing solution or act to enhance the definition of a facial feature, Jill will work within your own facial structure to help define and improve the area being treated, achieving beautiful results with a “less is more” approach.

Please visit www.advancedskintherapies.co.uk for full procedure & price information.

Treatment prices start from £150.00

POLYNUCLEOTIDES & SKIN BOOSTERS

POLYNUCLEOTIDES

Polynucleotides are long chains of nucleotides, the building blocks of DNA and RNA, the molecules that carry genetic information in all living cells. In aesthetic medicine, polynucleotides are often derived from fish DNA, like salmon or trout and are used as bio-stimulators to encourage cell regeneration and tissue repair.

Polynucleotides can stimulate fibroblast cells, which produce collagen and elastin, contributing to skin regeneration and repair, addressing issues like acne scars, wrinkles and skin laxity. They can also improve skin hydration and tone.

SKIN BOOSTERS

Skin boosters are an injectable skin rejuvenation treatment that combines hyaluronic acid and amino acids to stimulate collagen and elastin production, improving skin hydration, elasticity and overall texture. They work by targeting the skin's extracellular matrix (ECM), the scaffolding that supports skin structure promoting natural regeneration from within.

Unlike fillers which add volume, skin boosters work from within to regenerate the skins structure and improve its quality.

Skin Boosters & Polynucleotides can treat:

- Dull skin
- Fine lines
- Static wrinkles
- Pigmentation
- Uneven skin texture
- Acne scars
- Wrinkles around the mouth
- Dehydrated skin
- Skin Laxity
- Tear troughs
- Dark circles
- The skin around the eyes
- Rosacea

An initial course of 3 to 4 treatments is recommended for both Polynucleotides and Skin Boosters, depending on which product is used. It should be followed by a single maintenance treatment approximately every 6 months.

Please refer to website

www.advancedskintherapies.co.uk

for procedure information



Treatment prices start from £150.00

CACI SYNERGY NON-SURGICAL FACELIFT

CACI

The Best Kept Celebrity Beauty Secret!

With a reputation built over the past 25 years, CACI is a brand you can trust to deliver results with every treatment.

CACI results are immediate after just one treatment. However, for longer lasting results a course is advised to maintain the beneficial effects. CACI recommends a course of 10–15 treatments followed by a maintenance treatment approximately every 4 weeks to maintain your achieved results.

Below is a selection of treatment before and after images which showcase exactly what CACI can do for skin and muscle tone.



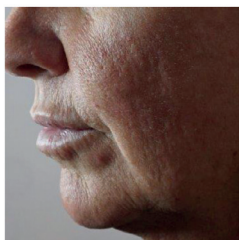
REV
Visible results without surgery
EAL

Daily Mail

GUIDE TO ANTI-AGEING FACIALS

THE ONLY TREATMENT TO SCORE
10/10 FOR EFFECTIVENESS

Amazing Results With CACI



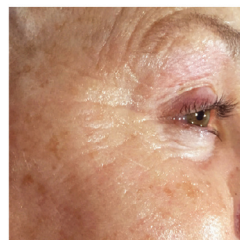
Before



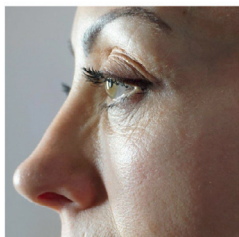
After



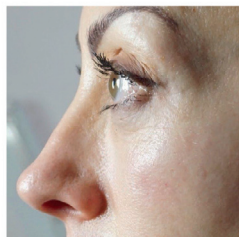
Before



After



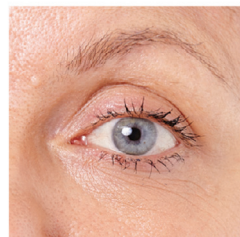
Before



After



Before



After

CACI SYNERGY NON-SURGICAL FACELIFT

The award winning multi-functional CACI Synergy is CACI International's flagship system and has gained the reputation as the finest and most versatile treatment system on the market. Synergy introduces pioneering S.P.E.D® dual action technology, a breakthrough new advancement in Microcurrent therapy.

For the first time on the market, skincare specialists can harness the power of LED light therapy at the same time as using Microcurrent. The dual action of simultaneous LED and Microcurrent energy stimulates tissue regeneration and helps in the production of collagen.

S.P.E.D® dual action technology has been clinically proven to deliver faster, better and longer lasting results than standard Microcurrent.

CACI Synergy Signature Non-Surgical Facial Toning 60 minutes

CACI's Signature Non-Surgical Facial Toning is an advanced non-invasive facial, with over thirty years of medical research behind it. Microcurrent impulses with LED light therapy will lift and tone the facial muscles and the neck area, whilst improving skin elasticity and reducing the appearance of fine lines and wrinkles. This gives a more youthful, fresh appearance and glow. Much like a workout for your face, it takes you back years and presses the pause button on ageing.

Treatment price – £55.00 or a course of 10 treatments £500.00

CACI Synergy Jowl Lift 30 mins

The CACI Jowl Lift has been developed to specifically target muscle laxity around the jawline which can cause drooping jowls and loose skin. This treatment is especially designed to firm the muscles and refine facial contours to give a firmer, more toned appearance.

Treatment price – £40.00 or a course of 10 treatments £380.00

CACI Synergy Advanced Non-Surgical Facial Toning 90 minutes

The Synergy Advanced Non-Surgical Facial Toning treatment combines our signature Non-Surgical Facial Toning with skin rejuvenation. The treatment introduces CACI's breakthrough S.P.E.D® Dual Action Technology alongside ultrasonic peeling and orbital microdermabrasion which are used to exfoliate and rejuvenate the skin, resulting in brighter and smoother complexion. The ULTIMATE red carpet facial.

Treatment price – £90.00 or a course of 10 treatments £850.00

Add the **CELLUMA** treatment to your CACI for the 'WOW' factor for an extra £18.00

RADIO FREQUENCY PRO THERMAVISAGE

Radio Frequency PRO Thermavisaage is a revolutionary treatment that can be used to lift, tighten and tone the contours of the face and neck. It combines Radio Frequency technology, with Vacuum Suction and Chromatherapy to give the ultimate in anti-ageing facial care.

HOW DOES IT WORK?

By applying Radio Frequency energy to the skin, any resistance encountered will produce heat. The RF PRO Thermavisaage operates on a MULTIPOLAR radio frequency, where oscillations occur between positive and negative energies.

The molecules within our cells try to line up with the polarity each time it changes. When molecules move back and forth a million times every second, they generate friction between themselves, and therefore heat. Heat penetrates into the dermis deeply until it reaches the surface of the muscular fascia, where it obtains a lifting effect.

This generates an accelerated collagen production, and contraction of collagen fibres to restructure and tighten the skin. When we combine this with vacuum suction, we can also detox the area, draining away lymphatic fluid, plump out fine lines, and improve the texture of the skin. Chromatherapy is added to the treatment to further facilitate the anti-ageing effects, and to enhance the results.

60 minute treatment full face and neck £55.00

30 minute treatment neck only £40.00

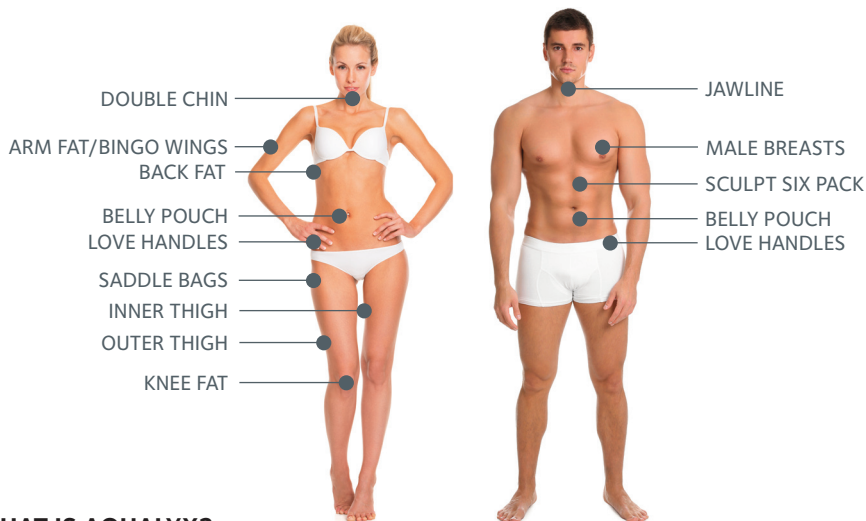
THE RESULTS

- Tighter, firmer skin
- A lifted appearance and improved facial contours
- Increased blood flow, feeding the skin and muscles with fresh oxygen and nutrients
- Improved skin tone, colour and texture
- Improved lymphatic drainage, leading to clearer, brighter skin
- Course of 10 treatments is recommended, followed by a monthly maintenance treatment for best results



Book a course of 10 treatments (recommended) and receive a 10% discount

AQUALYX® FAT DISSOLVE



WHAT IS AQUALYX?

Aqualyx is an injectable treatment designed to dissolve fat. It is often used as an alternative to other fat removal therapies such as liposuction.

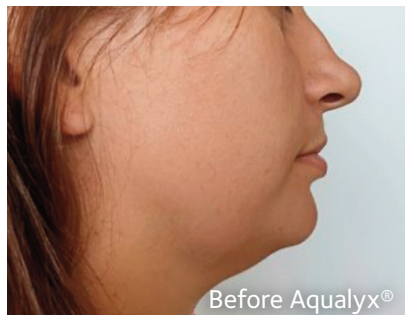
Aqualyx® is a market leader in fat removal therapy. It is safe to use and works by injecting a compound made from the deoxycholate family of acids into any problematic areas.

Aqualyx® liquifies the fat cell, destroying it permanently, releasing the lipids that are then eliminated naturally through the lymphatic system.

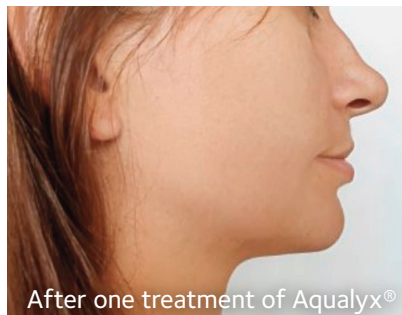
Aqualyx® is an effective solution for the removal of stubborn pockets of fat that are resistant to diet or exercise. Developed by renowned aesthetic surgeon, the late Professor Motolese, Aqualyx® has been available internationally since 2009, and over 2,000,000 vials have been used for patient treatments in 49 countries worldwide. It is a minimally invasive treatment, a safe option, and a permanent solution.

A full consultation will be given prior to treatment.

Multiple treatments may be required depending on the area treated.



Before Aqualyx®



After one treatment of Aqualyx®

Treatment price – Small area from £80.00, medium £130.00, large £150.00

CELLUMA LED LIGHT THERAPY



Celluma LED Light Therapy is a non-invasive treatment that can be used to treat acne, fight wrinkles and ease pain. The Celluma helps compromised cells regenerate by utilising a combination of blue, red and near-infrared light.

What is LED Light Therapy?

Originally researched and developed by NASA, low-level light therapy is the application of light energy to the body and tissue to help compromised cells regenerate. It produces a natural photobiochemical reaction similar to the process of plant photosynthesis and has a wide range of beneficial applications across many medical fields. The light (photons) energy is absorbed by photoacceptors in the mitochondria and used to create adenosine triphosphate (ATP). The ATP produced then stimulates various metabolic processes which can result in the repair and regeneration of cell and tissue components. It increases the production of collagen and elastin, increases blood circulation and decreases inflammation.

How long does it take to work, will I feel anything and is it safe?

For maximum benefit, a 30 minute treatment is recommended. Most people feel, or see an improvement with one or two uses. LED therapy is a highly versatile modality and can be used as a powerful stand-alone or add-on treatment. For optimal results, it is important to use the Celluma on a regular basis – twice a week for 6 to 8 weeks is recommended. There is little or no sensation as Celluma helps tissue heal naturally from the inside out. Afterwards you should feel rejuvenated. It is effective for teenage acne and adult onset acne as well as wrinkles, arthritic pain, muscle spasms, muscle and joint pain.

CELLUMA LED LIGHT THERAPY

How does it work for acne?

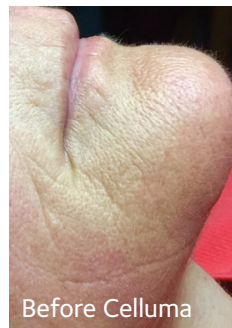
When P. acne bacteria builds up in pores, skin becomes inflamed, causing acne lesions and blemishes. The Blue light penetrates through the epidermis and is known to kill Propionibacterium acnes bacteria. Celluma light therapy works safely and effectively to destroy this acne causing bacteria, not only clearing up existing blemishes, but preventing future breakouts before they happen.

How does it work for anti-ageing?

Using wavelengths that are scientifically proven to stimulate fibroblasts to increase collagen and elastin. Celluma's low-level red light therapy is a safe, effective and convenient way to achieve a healthy, youthful glow in a natural, non-toxic, non-invasive manner. It will reduce the appearance of fine lines and wrinkles, while experiencing an improvement in skin texture, quality and smoothness.

How does it work for pain?

Scientifically proven, near-infrared light penetrates deepest and increases micro-circulation (tissue repair), decreases inflammation and reduces pain in order to relieve arthritic pain, muscle and joint pain and stiffness, Celluma provides compromised cells with the energy to regain and restore vitality naturally. Its powerful, deeply penetrating wavelengths are absorbed by photoacceptors in the mitochondria. This process increases the production of adenosine triphosphate (ATP) - the fuel that drives all cells. This boost of cellular energy results in a cascade of metabolic events leading to an increase in micro-circulation, tissue repair and a decrease in inflammation and pain.



These images show the results from a 30 minute Celluma treatment, 2 times a week for 4 to 5 weeks. No other treatments were used.

celluma

Treatment price - £38.00 or a course of 10 treatments (recommended) £360.00

Add on to the CACI treatment for the 'WOW' factor for an extra £18.00

HEALTHY GLOWING SKIN FOR LIFE

PROSKIN 60

The ultimate facial treatment, different every time!

Customised with advanced products, techniques and technology, in a soothing environment made for relaxation. The ideal choice for those who want a comprehensive experience to address all skin concerns and achieve healthy glowing skin, while being educated on looking after and protecting your skin on a daily basis.

Treatment price - £60.00 for 60 minutes

PROSKIN 30

A customised treatment, in your time!

Targeting your key skin concerns for maximum impact in minimum time, this treatment is a firm favourite with those who have just 30 minutes, and want visible results.

Treatment price - £40.00 for 30 minutes

DERMALOGICA CLEAR START TEEN SKIN TREATMENT

The perfect facial for teenage skins!

Dermalogica ClearStart is a range of products specifically designed to treat teenage breakouts while also improving their overall skin condition. Many teenagers make the mistake of using products they see advertised to treat spots but sometimes these products can aggravate the concern. This is where consulting with a professional skin therapist can be invaluable, providing education on how best to look after your skin in the long term.

Treatment price - £40.00 for 30 minutes



GET THE GLOW “ACHIEVE THAT GLASS SKIN”

Dermalogica Luminfusion is a professional skin treatment that combines a targeted eye peel, a retinol and hydroxy acid peel and nanoinfusion technology to resurface and rejuvenate the skin. It also incorporates LED red light therapy to boost luminosity and reduce signs of ageing.

What Can You Expect from Luminfusion?

Resurfacing and Renewal: The treatment uses a targeted eye peel and a retinol and hydroxy acid peel to exfoliate and resurface the skin, revealing a brighter and smoother complexion.

NanoInfusion: Dermalogica Pro Pen with unique nanotips are used to create tiny channels in the skin allowing for deep penetration of active ingredients like retinol and peptides.

LED Red Light Therapy: This light therapy is used to further improve skin luminosity and address signs of ageing, such as fine lines and wrinkles.

Downtime: Luminfusion is designed to be non-invasive and requires no downtime.

What are the benefits of Luminfusion?

Improved Skin Luminosity: The treatment aims to restore and enhance the skin's natural glow.

Refined Skin Texture: By resurfacing the skin, Luminfusion helps to refine texture and improve overall skin appearance.

Reduced Signs of Ageing: The combination of peeling, infusing and light therapy can help minimise the appearance of fine lines and wrinkles.

Smoother, Radiant, Glowing Skin: The treatment is designed to deliver a visibly smoother and more radiant complexion.

- Revives skin luminosity
- Refines skin texture and improves skin tone
- Minimises the signs of skin ageing

**“If you want that
red-carpet glow,
this is the treatment
for you.”**



Treatment price – £120.00 or a course of 3 treatments £300.00

What is Microneedling?

Microneedling is delivered by using the Dermalogica medical-grade needling pen. It is designed to stimulate your skin's natural ability to produce new collagen formation to amplify anti-ageing results, creating healthier skin. It can be used to improve the appearance of acne scars, hyperpigmentation, skin texture, as well as fine lines and wrinkles. The repair process of your skin is accelerated through the creation of microscopic channels, which also allow products to penetrate into the deeper layers of the skin.



How does Microneedling work?

The concept of microneedling is based upon the skin's ability to naturally repair itself when injured. Immediately following an injury, our skin begins the process of dissolving tissue damage and replacing it with new cells. Microneedling allows for controlled induction of the skin's self-repair process by creating precise, micro-injuries which automatically trigger new collagen synthesis without causing scar tissue formation.



What are the benefits?

Microneedling offers several benefits for the skin, primarily by stimulating collagen and elastin production. This can lead to improved skin texture, reduced appearance of scars and fine lines and a more even skin tone. Additionally, it can help minimise the appearance of large pores and hyperpigmentation.

Microneedling the Dermalogica way

This bespoke and tailored service Dermalogica Pro Microneedling, offers a clinically tested protocol. This micro-injury service is used alongside our NEW professional-only formula Pro Restore, which you'll be given as part of your aftercare. This Pro formula helps strengthen the skin, reduce downtime and amplify your results. Microneedling the Dermalogica way includes a unique combination of chemical peeling and an exclusive technique for more effective and dramatic results.

Please visit www.advancedskintherapies.co.uk to see the treatment in progress

One Treatment Face or Neck £150.00

Course of 3 Treatments (recommended) £400.00

One Treatment Face and Neck Combined £180.00

Course of 3 Treatments (recommended) £500.00

INTRODUCING NEW GROUNDBREAKING TECHNOLOGY

Dermalogica has introduced a treatment called "Exo Booster" that utilises exosomes, tiny cellular messengers to enhance skin repair and rejuvenation. These vegan exosomes derived from Lactobacillus bacteria are designed to be used during and after procedures like microneedling. Dermalogica's Exo Booster is clinically proven to improve skin texture, tone and resilience.

Exosome Technology in Dermalogica's Exo Booster:

Cellular Communication:

Exosomes act as messengers, carrying bioactive molecules (like DNA, RNA, proteins, and lipids) to communicate with skin cells reprogramming their behaviour.

Enhanced Skin Repair:

By stimulating collagen production, reducing inflammation and promoting skin regeneration. Exosomes help to accelerate post-treatment recovery and improve overall skin health.

Vegan and Plant-Derived:

The exosomes in Exo Booster are derived from Lactobacillus, a probiotic bacteria making them a vegan and plant-derived innovation.

Improved Treatment Outcomes:

Exo Booster is clinically proven to enhance the results of treatments like microneedling, leading to significant improvements in skin texture, tone and resilience.

Benefits of using Exosomes:

Accelerated Skin Renewal:

The Exosomes boost collagen and elastin production, leading to firmer, smoother and more resilient skin.

Youthful Glow:

Exosomes can revive dull tired skin giving it a radiant healthy appearance.

Improved Skin Texture:

By targeting pores, scars and uneven tone, Exosomes can help to improve skin texture and reduce the appearance of imperfections.

Targeted Repair:

Exosomes can help to minimise fine lines, wrinkles and other visible signs of ageing.



dermalogica® PRO POWER PEEL

PRO POWER PEEL

The Dermalogica Pro Power Peel is a professional grade customised chemical peel designed to improve skin texture, tone and address issues like fine lines, wrinkles, uneven pigmentation and breakouts. It uses a unique system of 3 acids - Lactic, Salicylic and Glycolic, which can be mixed and layered for personalised results. Peel results are dramatically enhanced by a supplementary deep treatment process, incorporating a powerful IonActive Serum, a customised masque and LED light therapy to ensure your skin is left clear, smooth and glowing. Pro Power Eye Peel is included in this treatment.

Customisation:

The Pro Power Peel is highly customisable, tailoring the treatment to individual needs and concerns.

Professional Application:

Requires a consultation and patch test before the initial treatment.

Course of Treatments:

A series of treatments (typically 3-6) is recommended for optimal results.

Aftercare:

Important pre and post-treatment aftercare protocols must be followed for maximum results.



Treatment price - £80.00 or a course of 3 treatments (recommended) £220.00

PRO POWER EYE PEEL

This advanced eye peel uses powerful botanicals to visibly smooth fine lines and wrinkles and brighten skin. Specially contoured to target under eye area and crow's feet, this concentrated patch exfoliates and hydrates in a single step.

Antioxidant-rich Vitis Vinifera extract derived from Italian grapes, helps encourage cell renewal to brighten, even and smooth. Energising botanicals exfoliate, revitalise and brighten the under eye skin. Naturally derived bio-actives strengthen the skin's lipid barrier, while Aloe Extract soothes and delivers antioxidant vitamins A, C and E.

- Brightens under eye skin
- Helps even skin tone and texture
- Minimises the appearance of fine lines and wrinkles

Treatment price - £20.00



dermalogica® MELANOPRO PEEL

A CLINICAL STRENGTH PEEL

The Melanopro Peel System is a clinical-strength peel programme that delivers visible results in less than 6 weeks. This transformative two-phase treatment works to visibly counteract environmental skin damage.

- Fades dark spots
- Reduced appearance of hyperpigmentation
- Smoother skin
- Brighter skin
- Fine lines and wrinkles
- Improves skin texture



Who is it for?

Anyone experiencing hyperpigmentation, including: sunspots, age spots, acne scars, melasma as well as dull skin and rough texture. It is also great for treating the signs of ageing. The Melanopro Peel System has been tested on a wide range of skin tones and is endorsed by the worlds leading dermatologists for its amazing results.

Melanopro Peel System

Part one:

Melanopro is a leave on treatment that is applied in clinic. The mask will be left on the skin for up to 7 hours, full instructions will be provided on the removal process and aftercare.

Part Two - 6 Weeks:

Once the peel has been removed at home, your prescribed home care products consist of the Dermalogica Ultra Calming Mist and the Melanopro Continuous Resurfacing Cream. These products are an essential part of the peel system and must be used as directed for up to 6 weeks or until the course is complete.

A follow up appointment is required at the 3 week and 6 weeks stage after your initial appointment.



"I'm so excited to share this incredible treatment with you - it's a game changer!" Jill xx

Treatment price - £300.00

VITAMIN INJECTIONS

WHAT IS VITAMIN D?

"Nicknamed the sunshine vitamin" Vitamin D is produced by the body after exposure to sunlight, it helps increase the absorption of calcium and phosphorous for better bone health. However, Vitamin D is also known to improve your immune system function and give a natural boost to energy levels.

How a Vitamin D injection works within the body?

Vitamin D ingested orally can take weeks, even months, to have an impact on our health, and much of the dose is lost when it is converted in the gut. However, intramuscular Vitamin D injections have a more immediate impact – some patients report feeling the effects instantly. Because the vitamin is administered directly into the muscle, bypassing the gut, a much higher percentage of the vitamin can be utilised by the body, leading to optimal health and helping us to live our best life.

Some of the benefits:

- Better absorption of key minerals
- Increase in energy levels and reduction in fatigue
- Improved bone strength
- Boosts immune system and can help fight infection
- Lifting of mood and can help the symptoms associated with depression and 'winter blues'
- Improves muscle weakness and musculoskeletal aches and pains

Ergocalciferol 300,000 iu
Intramuscular (IM) Injection



Treatment price – Single Vitamin D injection £70.00

WHAT IS VITAMIN B12?

Vitamin B12 is obtained from foods such as meat, fish, milk and eggs. But deficiency is common and is typically caused by either a vegan or vegetarian diet or an underlying health condition (such as pernicious anemia).

How a Vitamin B12 injection works within the body?

Vitamin B12 intramuscular injections work quickly within the body, they are the most effective way for your body to absorb Vitamin B12, which is vital for creating and maintaining nerve and red blood cells to achieve optimum health.

Some of the benefits:

- Improves concentration and memory
- Enhances energy levels, improves fatigue
- Contributes to a balanced immune system
- Improves sleep
- Increases metabolism
- Lifts low mood while easing depression
- Helps with certain types of hair loss

Hydroxocobalamin 1mg in 1ml
Intramuscular (IM) Injection



Treatment price – Single Vitamin B12 injection £32.00

ELECTROLYSIS

Unwanted hair is a common problem affecting most women to varying degrees throughout their lives and prompting the use of various temporary methods of hair reduction or hair management systems. However Electrolysis is still the only proven permanent method of hair removal, and many women and men have benefited from this tried and trusted treatment.

What is Electrolysis?

Electrolysis is a safe, effective, progressive and permanent method of removing unwanted hair. It remains the only method legally allowed to claim it offers truly permanent hair removal for all skin types and colours, and all hair types and colours.



How does Electrolysis work?

A fine probe (about the size of an eyelash) is inserted into the hair follicle where a tiny burst of energy is targeted at the root of the hair. This burst of energy prevents nutrients feeding the hair and the hair becomes weaker and finer. After repeated treatments the hair is no longer able to grow and complete hair free results are obtained.

Each hair requires repeated treatment because each individual hair has its own growing cycle and blood supply. Electrolysis works by weakening the hair and eventually destroying it. Results take a little time, but, just like dieting, it's not the crash diet but the healthy eating plan that works in the long run.

What will happen during the first appointment?

There are 3 methods of Electrolysis available: Galvanic, Diathermy and Blend. You will have a thorough consultation to ensure if treatment is suitable for you and which method is best for you.

You will have a chance to ask questions about the treatment and to experience a 'taster' session. Jill will discuss with you your treatment plan.

Treatment time - up to 5 minutes £12.00

Treatment time - up to 15 minutes £18.00

Treatment time - up to 30 minutes £32.00

OPENING TIMES

Mon closed

Tue - 11am - 7pm

Wed closed

Thu - 11am - 8pm

Fri - 9am - 5pm

Sat - 10am - 4pm

Sun closed

CONTACT

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48 hour cancellation policy is required or a 50% cancellation charge will be applied